



**Elyse Saltalamachia, D.C., DABCI**  
2910 Maguire Rd. Suite 1009  
Ocoee FL 34761  
P: 407.877.8707 \*\*\* F: 407.877.7464

**Electronic Signature (e-Signature):** You consent and agree that your use of a key pad, mouse or other device to select an item, button, icon or similar act/action while using any electronic service we offer; or in accessing or making any transactions regarding any agreement, acknowledgement, consent, terms, disclosures or conditions constitutes your signature, acceptance and agreement as if actually signed by you in writing. Further, you agree that no certification authority or other third party verification is necessary to validate your electronic signature; and that the lack of such certification or third party verification will not in any way affect the enforceability of your signature or resulting contract between you and Lakota Wellness, LLC. You understand and agree that your e-Signature executed in conjunction with the electronic submission of your paperwork shall be legally binding and such transaction shall be considered authorized by you.

**Signature:** \_\_\_\_\_

**Date:** \_\_\_\_\_



**Elyse Saltalamachia, D.C., DABCI**  
2910 Maguire Rd. Suite 1009  
Ocoee FL 34761  
P: 407.877.8707 \*\*\* F: 407.877.7464

### **Confidential Patient Information**

Date: \_\_\_\_\_

First: \_\_\_\_\_ MI: \_\_\_\_\_ Last: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Phone Home: \_\_\_\_\_ Cell: \_\_\_\_\_ Work: \_\_\_\_\_

Email: \_\_\_\_\_

Sex: \_\_\_\_\_ DOB: \_\_\_\_\_ SS#: \_\_\_\_\_ Lic#: \_\_\_\_\_

Marital Status: \_\_\_\_\_ Spouses Name: \_\_\_\_\_ DOB: \_\_\_\_\_

Referred By: \_\_\_\_\_

#### **Chief Complaint**

Main reason for visit: \_\_\_\_\_

Are your symptoms associated with an accident or injury? Yes No

If yes, please describe your injury: \_\_\_\_\_

How long has this been affecting you? \_\_\_\_\_

Is this condition interfering with your work? Yes No Sleep? Yes No Daily Routine? Yes No

How often are you experiencing symptoms? \_\_\_\_\_

What aggravates this condition? \_\_\_\_\_

What helps this condition? \_\_\_\_\_

#### **Secondary Complaint**

Are there any other concerns you would like the doctors to address? If so, please list:

\_\_\_\_\_

\_\_\_\_\_

**Health History**

Name: \_\_\_\_\_ Date: \_\_\_\_\_  
Occupation: \_\_\_\_\_ Age: \_\_\_\_ Height: \_\_\_\_\_ Weight: \_\_\_\_\_  
Sex: M F # of Children: \_\_ Marital Status: \_\_\_\_\_  
Are you recovering from a cold or flu? Yes No Are you pregnant? Yes No  
List current health problems for which you are being treated: [Click or tap here to enter text.](#)

What types of therapies have you tried for these problem(s) or to improve your health over-all?

- Diet modification  Fasting  Vitamins/Minerals  Herbs  Homeopathy
- Chiropractic  Acupuncture  Conventional Drugs  Physical Therapy  Massage
- Other \_\_\_\_\_

Do you experience any of these general symptoms EVERY DAY?

- Debilitating fatigue  Shortness of breath  Insomnia  Constipation
- Chronic pain/inflammation  Depression  Panic attacks  Nausea
- Fecal Incontinence  Bleeding  Disinterest in sex  Headaches
- Vomiting  Urinary incontinence  Discharge  Disinterest in eating
- Dizziness  Diarrhea  Low grade fever  Itching/rash

Current medications taking (prescription or over the counter):

\_\_\_\_\_

Laboratory procedures performed (eg..stool analysis, blood and urine, hair analysis): \_\_\_\_\_

List any Major Hospitalizations, Surgeries, Injuries, complications (if any) and dates:

<b><i>Year</i></b>	<b><i>Surgery, Illness, Injury</i></b>	<b><i>Outcome</i></b>
_____	_____	_____
_____	_____	_____
_____	_____	_____

What is the level of stress you are experiencing on a scale of 1 to 10 (1 being the lowest): \_\_\_\_\_

Identify the major causes of stress (change in job, work, family, finances, or legal): \_\_\_\_\_

Do you consider yourself;  underweight  overweight  just right Weight today \_\_\_\_

Have you had an unintentional weight loss or gain of 10 lbs or more in the last three months? Choose

Is your job associated with potentially harmful chemicals (pesticides, radioactivity, solvents) or health and/or life-threatening activities (fireman, etc)? \_\_\_\_\_

What are your current health goals: \_\_\_\_\_

## Medical History

<input type="checkbox"/> Arthritis	<input type="checkbox"/> Neurological, Parkinson's, paralysis	<input type="checkbox"/> Surgical menopause	<b>EXERCISE</b>
<input type="checkbox"/> Allergies/hay fever	<input type="checkbox"/> Sinus problems	<input type="checkbox"/> Menopause	<input type="checkbox"/> 5-7 days per week
<input type="checkbox"/> Asthma	<input type="checkbox"/> Stroke	<input type="checkbox"/> Premenstrual syndrome PMS	<input type="checkbox"/> 3-4 days per week
<input type="checkbox"/> Alcoholism	<input type="checkbox"/> Thyroid trouble	<input type="checkbox"/> Date of last menstrual cycle	<input type="checkbox"/> 1-2 days per week
<input type="checkbox"/> Alzheimer's disease	<input type="checkbox"/> Obesity	Length of cycle ____days	<input type="checkbox"/> 45 mins or more duration per workout
<input type="checkbox"/> Autoimmune disease	<input type="checkbox"/> Osteoporosis	Interval of time between cycles __days	<input type="checkbox"/> 30-45 minutes duration per workout
<input type="checkbox"/> Blood Pressure Problems	<input type="checkbox"/> Pneumonia	Any recent changes in normal menstrual flow _e.g., heavier, large	<input type="checkbox"/> Less than 30 minutes
<input type="checkbox"/> Bronchitis	<input type="checkbox"/> Sexual transmitted disease	<b>FAMILY HEALTH HISTORY (PARENTS AND SIBLINGS)</b>	<input type="checkbox"/> Walk
<input type="checkbox"/> Cancer	<input type="checkbox"/> Skin problems	<input type="checkbox"/> Arthritis	<input type="checkbox"/> Run, jog, jump rope
<input type="checkbox"/> Chronic fatigue syndrome	<input type="checkbox"/> Tuberculosis	<input type="checkbox"/> Asthma	<input type="checkbox"/> Weight lift
<input type="checkbox"/> Carpal tunnel syndrome	<input type="checkbox"/> Ulcer	<input type="checkbox"/> Alcoholism	<input type="checkbox"/> Swim
<input type="checkbox"/> Cholesterol, elevated	<input type="checkbox"/> Urinary Tract infection	<input type="checkbox"/> Alzheimer's disease	<input type="checkbox"/> Box
<input type="checkbox"/> Circulatory problems	<input type="checkbox"/> Varicose Veins	<input type="checkbox"/> Cancer	<input type="checkbox"/> Yoga
<input type="checkbox"/> Colitis	Other _____	<input type="checkbox"/> Depression	<b>NUTRITION &amp; DIET</b>
<input type="checkbox"/> Dental problems	<b>MEDICAL MEN</b>	<input type="checkbox"/> Diabetes	<input type="checkbox"/> Mixed food diet (animal and
<input type="checkbox"/> Depression	<input type="checkbox"/> Benign prostatic hyperplasia	<input type="checkbox"/> Drug addiction	<input type="checkbox"/> Vegetarian
<input type="checkbox"/> Diabetes	<input type="checkbox"/> Prostate Cancer	<input type="checkbox"/> Eating disorder	<input type="checkbox"/> Vegan
<input type="checkbox"/> Diverticular disease	<input type="checkbox"/> Decreased sex drive	<input type="checkbox"/> Genetic disorder	<input type="checkbox"/> Salt restriction
<input type="checkbox"/> Drug addiction	<input type="checkbox"/> Infertility	<input type="checkbox"/> Glaucoma	<input type="checkbox"/> Fat restriction
<input type="checkbox"/> Eating disorder	<input type="checkbox"/> Sexual transmitted disease	<input type="checkbox"/> Heart disease	<input type="checkbox"/> Starch/carbohydrate restriction
<input type="checkbox"/> Epilepsy	Other _____	<input type="checkbox"/> Infertility	<input type="checkbox"/> The Zone Diet
<input type="checkbox"/> Emphysema	<b>MEDICAL WOMEN</b>	<input type="checkbox"/> Learning disabilities	<input type="checkbox"/> Total calorie restriction
<input type="checkbox"/> Eyes, ears, nose throat problems	<input type="checkbox"/> Menstrual irregularities	<input type="checkbox"/> Mental Illness	Specific food restriction __dairy __wheat __egg __soy __corn __all gluten
<input type="checkbox"/> Environmental sensitivities	<input type="checkbox"/> Endometriosis	<input type="checkbox"/> Migraine headaches	Other _____
<input type="checkbox"/> Fibromyalgia	<input type="checkbox"/> Infertility	<input type="checkbox"/> Neurological, Parkinson's, paralysis	<b>FOOD FREQUENCY</b>
<input type="checkbox"/> Food intolerance	<input type="checkbox"/> Fibrocystic breasts	<input type="checkbox"/> Obesity	Servings per day:
<input type="checkbox"/> Gastroesophageal reflux disease	<input type="checkbox"/> Fibroids/ovarian cysts	<input type="checkbox"/> Osteoporosis	<input type="checkbox"/> Fruits (citrus, melons, etc.) _____
<input type="checkbox"/> Genetic disorder	<input type="checkbox"/> Breast cancer	<input type="checkbox"/> Stroke	<input type="checkbox"/> Dark green or deep yellow/orange
<input type="checkbox"/> Glaucoma	<input type="checkbox"/> Pelvic inflammatory disease	<input type="checkbox"/> Suicide	<input type="checkbox"/> Grains (unprocessed) _____
<input type="checkbox"/> Gout	<input type="checkbox"/> Vaginal infections	Other _____	<input type="checkbox"/> Beans, peas, legumes _____
<input type="checkbox"/> Heart disease	<input type="checkbox"/> Decreased sex drive	<b>HEALTH HABITS</b>	<input type="checkbox"/> Dairy, eggs _____
<input type="checkbox"/> Infection, chronic	<input type="checkbox"/> Sexually transmitted disease	<input type="checkbox"/> Tobacco Chew	<input type="checkbox"/> Meat, poultry, fish _____
<input type="checkbox"/> Inflammatory bowel disease	<input type="checkbox"/> Other	<input type="checkbox"/> Cigarettes/Cigars: #/day	<input type="checkbox"/> Grains (unprocessed) _____
<input type="checkbox"/> Irritable bowel syndrome	<input type="checkbox"/> Age or first period	<b>Alcohol</b>	<input type="checkbox"/> Beans, peas, legumes _____
<input type="checkbox"/> Kidney or bladder disease	<input type="checkbox"/> Date of last GYN exam	<input type="checkbox"/> Wine: #glasses/d or wk _____	<input type="checkbox"/> Dairy, eggs _____
<input type="checkbox"/> Learning disabilities	<input type="checkbox"/> Date of last Mammogram	<input type="checkbox"/> Liquor: #ounces/d or wk _____	<input type="checkbox"/> Meat, poultry, fish _____
<input type="checkbox"/> Liver or gallbladder disease/stones	<input type="checkbox"/> Date of last PAP	<input type="checkbox"/> Beer: #glasses/d or wk _____	<b>EATING HABITS</b>
<input type="checkbox"/> Mental Illness	<input type="checkbox"/> Form of birth control	<b>Caffeine</b>	<input type="checkbox"/> Skip breakfast
<input type="checkbox"/> Migraine headaches	<input type="checkbox"/> # of children	<input type="checkbox"/> Coffee: #6 oz cups/d _____	<input type="checkbox"/> Two meals/day
	<input type="checkbox"/> # of pregnancies	<input type="checkbox"/> Tea: #6 oz cups/d _____	<input type="checkbox"/> One meal/day
	<input type="checkbox"/> C-section	<input type="checkbox"/> Soda w/caffeine: # cans/d _____	<input type="checkbox"/> Graze (small frequent meals)
		<input type="checkbox"/> Water: # glasses/d _____	<input type="checkbox"/> Food rotation

EATING HABITS	CURRENT SUPPLEMENTS	WOULD YOU LIKE TO:	
<input type="checkbox"/> Skip breakfast	<input type="checkbox"/> Multivitamin/mineral	<input type="checkbox"/> Have more energy	
<input type="checkbox"/> Two meals/day	<input type="checkbox"/> Vitamin C	<input type="checkbox"/> Be stronger	
<input type="checkbox"/> One meal/day	<input type="checkbox"/> Vitamin E	<input type="checkbox"/> Have more endurance	
<input type="checkbox"/> Graze (small frequent meals)	<input type="checkbox"/> EPA/DHA	<input type="checkbox"/> Increase your sex drive	
<input type="checkbox"/> Food rotation	<input type="checkbox"/> Evening Primrose/GLA	<input type="checkbox"/> Be thinner	
<input type="checkbox"/> Eat constantly whether hungry or not	<input type="checkbox"/> Calcium, source	<input type="checkbox"/> Be more muscular	
<input type="checkbox"/> Generally, eat on the run	<input type="checkbox"/> Magnesium	<input type="checkbox"/> Improve your complexion	
<input type="checkbox"/> Add salt to food	<input type="checkbox"/> Zinc	<input type="checkbox"/> Have stronger nails	
	<input type="checkbox"/> Minerals, describe _____	<input type="checkbox"/> Have healthier hair	
	<input type="checkbox"/> Friendly flora (acidophilus)	<input type="checkbox"/> Be less moody	
	<input type="checkbox"/> Digestive enzymes	<input type="checkbox"/> Be less depressed	
	<input type="checkbox"/> Amino acids	<input type="checkbox"/> Be less indecisive	
	<input type="checkbox"/> CoQ10	<input type="checkbox"/> Feel more motivated	
	<input type="checkbox"/> Antioxidants (e.g., lutein, resveratrol, etc.)	<input type="checkbox"/> Be more organized	
	<input type="checkbox"/> Herbs-teas	<input type="checkbox"/> Think more clearly and be more focused	
	<input type="checkbox"/> Herbs-extracts	<input type="checkbox"/> Improve memory	
	<input type="checkbox"/> Chinese herbs	<input type="checkbox"/> Do better on tests in school	
	<input type="checkbox"/> Ayurvedic herbs	<input type="checkbox"/> Not be dependant on over-the-counter medications like aspirin, ibuprofen, antihistamines, sleeping aids, etc.	
	<input type="checkbox"/> Homeopathy	<input type="checkbox"/> Stop using laxatives or stool softeners	
	<input type="checkbox"/> Bach flowers	<input type="checkbox"/> Be free of pain	
	<input type="checkbox"/> Protein shakes	<input type="checkbox"/> Sleep better	
	<input type="checkbox"/> Superfoods (e.g., bee pollen, phytonutrient blends)	<input type="checkbox"/> Have agreeable breath	
	<input type="checkbox"/> Liquid metals	<input type="checkbox"/> Have agreeable body order	
	<input type="checkbox"/> Colloidal Silver	<input type="checkbox"/> Have stronger teeth	
		<input type="checkbox"/> Get less colds and flus	
		<input type="checkbox"/> Get rid of your allergies	
		<input type="checkbox"/> Reduce your risk of inherited disease tendencies (e.g., cancer, heart disease, etc.)	

Has your mother or father been diagnosed with any significant illness or disease? (e.g. cancer, diabetes, etc)

Mother: \_\_\_\_\_  
 Still Living: please circle YES NO

Father: \_\_\_\_\_  
 Still Living: please circle YES NO

# AUTO/WORK RELATED ACCIDENT

## ABOUT YOU

Today's Date: \_\_\_/\_\_\_/\_\_\_ File #: \_\_\_\_\_

Name: \_\_\_\_\_

## WORK RELATED ACCIDENT

Date & Time of Accident: \_\_\_\_\_ A.M. \_\_\_ P.M.

Was your accident directly related to your work? \_\_\_Yes \_\_\_No

Briefly describe the events that occurred just before and during your accident: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Give the address where the accident occurred: (If other than employer's address) \_\_\_\_\_  
\_\_\_\_\_

Was anyone else present during your accident?... \_\_\_Yes \_\_\_No

Did you report your accident to your employer?.... \_\_\_Yes \_\_\_No

What recommendations did your employer make just after your accident? \_\_\_\_\_  
\_\_\_\_\_

Has this type of accident happened to you before?..... \_\_\_Yes \_\_\_No

To the best of your knowledge, has this accident occurred in your workplace before?..... \_\_\_Yes \_\_\_No

In general:

Is your job physically stressful?..... \_\_\_Yes \_\_\_No

Is your job mentally stressful?..... \_\_\_Yes \_\_\_No

Is your workplace noisy?..... \_\_\_Yes \_\_\_No

Have you changed jobs in the last year?..... \_\_\_Yes \_\_\_No

## AUTO RELATED ACCIDENT

Date & Time of Accident: \_\_\_\_\_ A.M. \_\_\_ P.M.

Were you the: \_\_\_Driver \_\_\_Front Passenger \_\_\_Rear Passenger

If a traffic violation was issued, to whom was it issued?

Number of people in accident vehicle? \_\_\_\_\_

Did the police come to the accident site?... \_\_\_Yes \_\_\_No

Was a police report filed?..... \_\_\_Yes \_\_\_No

Were there any witnesses?..... \_\_\_Yes \_\_\_No

Were you wearing your seatbelt?..... \_\_\_Yes \_\_\_No

Was this vehicle equipped with airbags?.... \_\_\_Yes \_\_\_No

If yes, did it/they inflate?..... \_\_\_Yes \_\_\_No

In relation to the base of your skull, where was the headrest?..... \_\_\_Above \_\_\_Below \_\_\_At base of skull

What did your vehicle impact? \_\_\_Another Vehicle \_\_\_ Other

If other, explain: \_\_\_\_\_

Did any part of your body strike anything in the vehicle?..... \_\_\_Yes \_\_\_No

If yes, please describe: \_\_\_\_\_  
\_\_\_\_\_

Make & model of the vehicle you were occupying?  
\_\_\_\_\_

Name of the location/street on which you were travelling?  
\_\_\_\_\_

In which direction were you headed?..... \_\_\_N \_\_\_S \_\_\_E \_\_\_W

What was the approx. speed of your vehicle? \_\_\_\_\_

Did the impact to your vehicle come from the:

\_\_\_Front \_\_\_Rear \_\_\_Right Side \_\_\_Left Side \_\_\_ Other

During impact, were you facing..... \_\_\_Right \_\_\_Left \_\_\_Forward

Were you \_\_\_aware or \_\_\_surprised by the impact?

If accident vehicle made impact with another vehicle.....

Make and model of that other vehicle? \_\_\_\_\_  
\_\_\_\_\_

Direction other vehicle was headed?..... \_\_\_N \_\_\_S \_\_\_E \_\_\_W

Speed of the other vehicle? \_\_\_\_\_

In your words, please describe the accident: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

ABOUT YOU

Name: \_\_\_\_\_ File #: \_\_\_\_\_

What is your current weight: \_\_\_\_\_ lbs., and height, \_\_\_\_\_ Ft. \_\_\_\_\_ In.

Please describe your condition: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

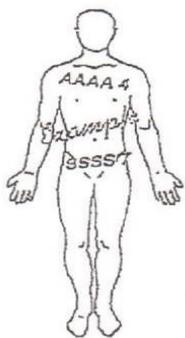
Signature: \_\_\_\_\_ Date: \_\_\_\_ / \_\_\_\_ / \_\_\_\_

SHOW US WHERE IT HURTS

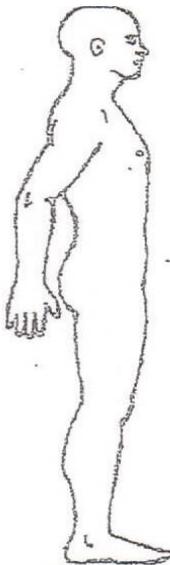
Please mark area(s) of injury or discomfort as shown in the example below. Mark all areas with the appropriate symbols and indicate the degree of pain using a scale from 1 (discomfort) to 10 (extreme pain).

Description:	Numbness	Pins & Needles	Burning	Aching	Stabbing
Symbol:	NNNN	PPPP	BBBB	AAAA	SSSS

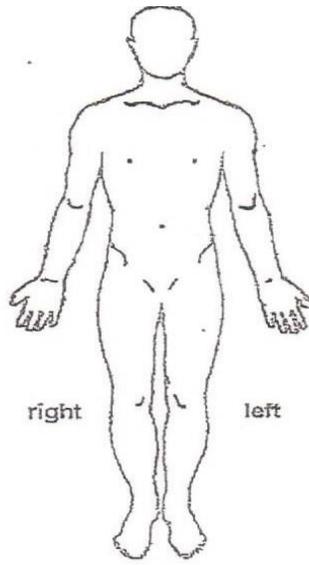
Circle any area of pain not represented by a symbol.



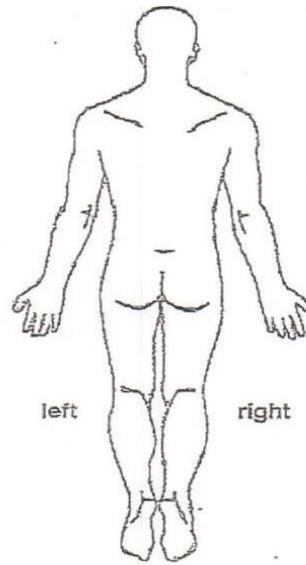
Example



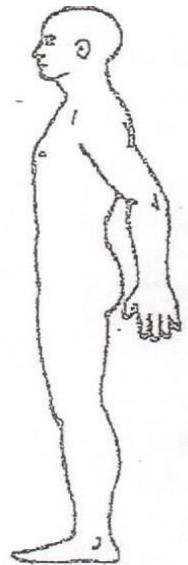
Right



Front



Back



Left

DOCTOR'S NOTES

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## AFTER INJURY

Did the accident render you unconscious?.....  Yes  No

If yes, for how long? \_\_\_\_\_

Please describe how you felt immediately after the accident: \_\_\_\_\_

Have you gone to a Hospital or seen any other Doctor?.....  Yes  No

When did you go?  Just after accident  The next day  Two days plus

How did you get there?....  Ambulance  Private transportation

Name of Hospital and/or Attending Doctor: \_\_\_\_\_

Were they a:  D.C.  M.D.  D.O.  D.D.S

Describe any treatment you received: \_\_\_\_\_

Were X-rays/MRI/CT SCAN taken?.....  Yes  No

Was medication prescribed?.....  Yes  No

Have you been able to work since the injury?.....  Yes  No

Are your work activities restricted as a result of this injury?...  Yes  No

Indicate the symptoms that are a result of this accident:

Dizziness  Difficulty sleeping  Jaw Problems  Nausea  Memory

Loss  Irritability  Back Pain  Arms/Shoulder Pain  Headache(s)

Fatigue  Numb Hands/Fingers  Lower back pain  Blurred vision

Tension  Chest pain  Back stiffness  Buzzing in ear  Neck Pain

Shortness of breath  Leg pain  Ears ringing  Neck stiff  Stomach

upset  Numb  Feet/Toes

Other: \_\_\_\_\_

Is your condition getting worse?

Yes  No  Constant  Comes and goes

Indicate your degree of comfort while performing the following activities:

Comfortable Uncomfortable Painful

Lying on back.....

Lying on side.....

Lying on stomach.....

Sitting.....

Standing.....

Stretching.....

Intercourse.....

Walking.....

Running.....

Sports.....

Working.....

Lifting.....

Bending.....

Kneeling.....

Pulling.....

Reaching.....

Have you retained an attorney:  Yes  No

If yes, whom: \_\_\_\_\_

Their Phone #: \_\_\_\_\_

## RECOVERY

To evaluate the effect that continuing work will have on your recovery please complete the following:

How many hours are in your normal work day? \_\_\_\_

Please indicate your daily job duties and any activities which you are occasionally asked to perform:

Standing  Driving  Operating equipment  Sitting

Twisting  Work with arms above head  Walking

Crawling  Typing  Lifting  Bending  Stooping

Other: \_\_\_\_\_

What positions can you work in with minimum physical effort and for how long? \_\_\_\_\_  N/A

Prior to the injury were you capable of working on an equal basis with others your age?.....  Yes  No  N/A

Do you work with others who can help you with any heavy lifting?.....  Yes  No  N/A

While in recovery, is there any light duty work you could request?.....  Yes  No  N/A

## ADDITIONAL INSURANCE

### 2<sup>nd</sup> Insurance Source or Auto Insurance

Type of Insurance: \_\_\_\_\_

Co. Name: \_\_\_\_\_

Address: \_\_\_\_\_

Phone #: \_\_\_\_\_

Insured's Name: \_\_\_\_\_

Policy #: \_\_\_\_\_ Claim #: \_\_\_\_\_

Insured's SS #: \_\_\_\_\_ D.O.B. \_\_\_\_ / \_\_\_\_ / \_\_\_\_

Insured's Employer: \_\_\_\_\_

Agent's Name: \_\_\_\_\_

If any of your medical or account information has changed, please inform our front desk personnel.

Please remember you are ultimately responsible for your account.

Signature: \_\_\_\_\_ Date: \_\_\_\_ / \_\_\_\_ / \_\_\_\_



**OFFICE OF INSURANCE REGULATION**  
**Bureau of Property & Casualty Forms and Rates**  
**Standard Disclosure and Acknowledgement Form**  
**Personal Injury Protection - Initial Treatment or Service Provided**

The undersigned insured person (or guardian of such person) affirms:

1. The services or treatment set forth below were **actually rendered**. This means that those services have **already been provided**.

\_\_\_\_\_

- 2. I have the right and the **duty to confirm** that the services have already been provided.
- 3. I was **not solicited** by any person to seek any services from the medical provider of the services described above.
- 4. The medical provider has **explained** the services to me for which payment is being claimed.
- 5. If I notify the insurer in writing of a billing error, I may be entitled to a portion of any reduction in the amounts paid by my motor vehicle insurer. If entitled, my share would be at least 20% of the amount of the reduction, up to \$500.

Insured Person (patient receiving treatment or services) or Guardian of Insured Person:

Name ( <i>PRINT or TYPE</i> )	Signature	Date

The undersigned licensed medical professional or medical director, if applicable, affirms the statement numbered 1 above and also:

- A. I have **not solicited** or caused the insured person, who was involved in a motor vehicle accident, to be solicited to make a claim for Personal Injury Protection benefits.
- B. The treatment or services rendered were explained to the insured person, or his or her guardian, **sufficiently** for that person to sign this form with informed consent.
- C. The accompanying statement or bill is **properly completed** in all material provisions and all relevant information has been provided therein. This means that each request for information has been responded to **truthfully, accurately**, and in a **substantially complete** manner.
- D. The coding of procedures on the accompanying statement or bill is proper. This means that **no service has been upcoded, unbundled**, or constitutes an invalid **or not medically necessary diagnostic test** as defined by Section 627.732(14) and (15), Florida Statutes or Section 627.736(5)(b)6, Florida Statutes.

Licensed Medical Professional Rendering Treatment/Services or Medical Director, if applicable (*Signature by his/ her own hand*):

Elyse Saltalamachia, DC, DABCI		
Name ( <i>PRINT or TYPE</i> )	Signature	Date

Any person who knowingly and with intent to injure, defraud, or deceive any insurer files a statement of Claim or an application containing any false, incomplete, or misleading information is guilty of a felony of the third degree per Section 817.234(1)(b), Florida Statutes.

Note: The **original** of this form must be furnished to the insurer pursuant to Section 627.736(4)(b), Florida Statutes and may **not** be electronically furnished. Failure to furnish this form may result in non-payment of the claim.



Elyse Saltalamachia, D.C.

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### Difficulty in Performing Activities of Daily Living

Patient name: \_\_\_\_\_

Date: \_\_\_\_\_

Please check each of the activities which you have difficulty performing and/or can perform only with pain. (There is no priority in the order presented).

**Housework**

- Doing laundry
- Making beds
- Vacuuming
- Washing dishes
- Ironing
- Carrying groceries
- Caring for pets
- Cooking
- Other \_\_\_\_\_

**Yardwork**

- Mowing lawn
- Shoveling
- Raking
- Gardening

**General**

- Walking
- Standing
- Running
- Sitting
- Lifting children
- Bending
- Climbing stairs
- Reading
- Lying in bed
- Chewing
- Sports: List \_\_\_\_\_

**Personal Grooming**

- Combing hair
- Shaving
- In/Out bathtub
- Brushing teeth
- Other \_\_\_\_\_

**Travel**

- Driving
- Riding (Passenger)
- Minutes per day \_\_\_\_\_

**Type of vehicle**

- Auto       Truck
- Train       Airplane
- Bus

- In/out of auto
- Playing piano
- Using computer
- Kneeling
- Sexual intercourse
- Exercise
- Using phone
- Sitting in recliner
- Sleeping

**Other:** Please list any other difficulties you are experiencing with activities you have engaged in since your condition arose:

Signed \_\_\_\_\_

Date \_\_\_\_\_



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### **INFORMED CONSENT**

Every type of health is associated with some risk of potential problem. This includes chiropractic health care and diagnostic testing. Generally, both are very safe. Thousands of people die every year from prescribed drug complication while only as handful of notable complications arise in the millions of people treated with chiropractic health care. We want you to be informed about the potential problems associated with chiropractic health care before consenting to treatment. This is called "**INFORMED CONSENT**".

Chiropractic adjustments (manipulations) are moving of bones with the physician's hands or an instrument. Frequently, adjustments make a "pop" or "click" sound sensation in the area being adjusted. In the office, we have trained staff personnel to assist the physician with portions of your consultation, examination, physical therapy application, exercise instruction, etc. Staff members are always under the direct supervision of the physician. Occasionally, when the physician is unavailable, another physician will treat patients.

**STROKE:** A stroke is the most serious problem associated with spinal manipulation. A stroke means that a portion of the brain does not receive oxygen from the bloodstream. The results are usually temporary (but can be permanent) dysfunction of the brain with an extremely rare complication of death. Spinal manipulations have been associated with strokes that arise from vertebral artery only; this is because the vertebral artery is found inside the neck vertebrae. This is called basilar stroke. In many of these cases the spinal manipulation that is related to vertebral artery stroke is called "extension-rotation-thrust atlas adjustment". This office does not perform this manipulation. Other types of neck manipulations may also potentially be related to vertebral artery stroke, but no one knows for certain. One study (journal of CCA, Volume 37, June 1993 and other) estimated that the incident of this type of stroke is one per every 3 million upper neck manipulations. This means that an average chiropractor would have to be in practice for 1430 years before they statistically be associated with a single patient stroke. Less reliable survey studied of neurologists between 1994 and 2000 estimated an incidence of 1 in 500,000 to 1 million. Dr. Saltalamachia routinely screens patients prior to cervical manipulation to minimize any risk any further.

**DISC HERNIATION:** Disc herniations that create pressure on the spinal nerve, or the spinal cord are frequently successfully treated by chiropractors and chiropractic manipulations, traction, etc. This includes both the neck and the back. Yet occasionally manipulations, traction, etc. will aggravate the problem and rarely surgery may become necessary for correction. Rarely chiropractic manipulations may also cause a disc problem; if the disc is in a weakened condition these problems occur so rarely that there are few available statistics to quantify their probability. A 2004 study (JMPT2004 (MAR);27(3)) estimated an incidence of disc herniation occurring in less than 1 in 3.7 million manipulations.

**SOFT TISSUE INJURY:** Soft tissue primarily refers to muscles and ligaments. Muscles move bones, and ligaments limit joint movement. Rarely a spinal manipulation, traction, etc. may tear some muscle or ligament fibers. The results are a temporary increase in pain and necessary treatments for resolution, but they are not long-term effects for the patient. These problems occur so rarely that there are no available statistics to quantify their probability.

**RIB FRACTURES:** The ribs are found only in thoracic spine or middle back. They extend from your back to your front chest area. Rarely a chiropractic manipulation will crack a rib, and this is referred to as a “fracture”. This occurs primarily on patients that have weakened bones from such things as osteoporosis but can occur in perfectly well people. Osteoporosis may be noted on your x-rays if they are indicated. We adjust all patients very carefully, and especially those who have osteoporosis on their x-rays or DEXA scans or are likely to have undiagnosed osteoporosis by history. These problems occur so rarely that there are no available statistics to quantify their probability.

**PHYSICAL THERAPY BURNS:** Some of the machines we use generate heat. We also use both heat and ice and recommend them for home care on occasion. Everyone skin has sensitivity to these modalities, and rarely, either heat or ice can burn or irritate the skin. The result is a temporary increase in skin pain, and there may even be some blistering of the skin. We also occasionally use electrical modalities which may occasionally shock and/or burn the skin, long term complications are rare. The problems occur so rarely that there are no available statistics to quantify their probability.

**SORENESS:** It is common for patients to experience a temporary soreness or increase in soreness on the region being treated by manipulation, traction, etc. This is a normal physiological response while your body is undergoing therapeutic changes and is nearly always temporary, It is not dangerous, but let your physician know of your concerns.

**HIP PROSTHESIS:** Generally, a hip prosthesis is very stable. However, it is possible that the hip can dislocate during some maneuvers. This can typically be easily reduced but could result in surgery to repair. Older prostheses are more vulnerable. This happens very rarely, so no statistics are available to quantify their probability. The techniques used, further minimize the possibility of hip dislocation.

**BREAST IMPLANTS:** Most breast implants are exceptionally durable, but they can rupture, especially those that are over 10 years old. They typically rupture spontaneously, but it is possible that they could rupture during a manipulation. This could require surgical intervention. This happens very rarely, that no statistics are available. The techniques used further minimize the possibility of implant rupture.

**OTHR PROBLEMS:** There may be other problems or complications that might arise from chiropractic health care or diagnostic testing other than those noted above. These other problems or complications occur so rarely that it is not possible to anticipate and/or explain them all in advance of care. If you have any further questions, always feel free to consult your physician.

Chiropractic medicine is a system of health care delivery: therefore, as with any other health care delivery system, we cannot promise a cure for any symptom, disease, or condition as a result of care in this office. We will always give you our best care, and if results are not acceptable, we will refer you to another physician/provider who we feel will assist your situation.

If you have any questions regarding the above, please ask the physician prior to signing. When you have a full understanding, please sign below, attesting that all questions have been answered to your satisfaction.

**Signature:** \_\_\_\_\_

**Date:** \_\_\_\_\_



**Elyse Saltalamachia, D.C., DABCI**  
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Ocoee FL 34761  
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## **Patient Consent to Telehealth Services and Digital Correspondence**

Telehealth services involve the use of electronic communications to enable health care providers to deliver health care services to patients using interactive video and audio communications. This document outlines the potential benefits and risks associated with telehealth services and confirms your consent to the use of telehealth services in your health care.

I understand the following:

1. The laws that protect the confidentiality of my personal information also apply to telehealth.
2. I have the right to withhold or withdraw my consent to the use of telehealth in the course of my care at any time, without affecting my right to future care or treatment.
3. The same standard of care that would apply to an in-person visit also applies to telehealth.
4. My health care information may be shared with other individuals for scheduling and billing purposes.
5. There are certain risks associated with telehealth, including delays in treatment occurring due to deficiencies or failures of equipment, interruptions of service or other technical difficulties, or the breach of privacy of personal health information caused by failure of security protocols.
6. Certain technical failures may necessitate the rescheduling of my appointment or the continuation of my visit by alternative means.
7. I am responsible for any out-of-pocket costs such as copayments or coinsurances that apply to my telehealth visit, and I understand that health plan payment policies for telehealth visits may be different from policies for in-person visits.
8. This document will become a part of my health record.

**I hereby give my informed consent for the use of telehealth services in my health care.** I have personally read this form (or had it explained to me) and fully understand and agree to its contents. My questions about telehealth services have been answered to my satisfaction, and the risks, benefits, and alternatives to telehealth services have been shared with me in a language I understand. I am in and will remain in the state of **Florida** during my telehealth encounter(s).

_____	_____
<b>Patient Signature</b>	<b>Date</b>
_____	_____
<b>Parent/Guardian Signature (if applicable)</b>	<b>Date</b>
_____	_____
<b>Witness Signature</b>	<b>Date</b>



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### **Acknowledgement of Patient Digital Communication Correspondence**

I hereby consent and state my preference to have Dr. Elyse Saltalamachia and staff of Lakota Wellness to communicate with me by email or standard SMS (text) messaging regarding various aspects of my medical care, which may include, but shall not be limited to, test results, supplementation, appointments, billing and past/present conditions.

I understand that email and standard SMS (text) messaging are not secure confidential methods of communication and may be insecure. I further understand that because of this there is a risk that email and SMS (text) standards regarding my medical care might be intercepted and read by a third party.

**Signature:** \_\_\_\_\_

**Date:** \_\_\_\_\_

### **Affirmation of Receipt of Patients Notice of Privacy Rights**

I hereby acknowledge receipt of this offices Patient Notice of Privacy Rights provided on my behalf and in accordance with law and have read and understand my rights to privacy and security of personal health information as a patient of this practice.

**Affirmed,**

**Signature:** \_\_\_\_\_

**Date:** \_\_\_\_\_



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### **HIPAA Acknowledgement and Authorization**

I hereby authorize my insurance company or any other third-party payer to pay directly to Lakota Wellness for all charges submitted for services incurred by me. I understand that I will be responsible for all charges not paid by my insurance company or third-party payer. I authorize Lakota Wellness to release information concerning my chiropractic/medical condition to my insurance company, employer, attorney, or multiple health care providers who may be involved in the treatment directly or indirectly and hereby release this office of any consequence thereof. Furthermore, any risks regarding chiropractic treatment will be explained to me by request. I assign payment directly to Lakota Wellness which may cover in whole or part of the services that I have received. The authorization shall be valid until I notify Lakota Wellness in writing of a cancellation. A photocopy of the authorization shall be valid as the original copy.

I hereby acknowledge that I have read the HIPAA Privacy Policy and understand my rights contained in the notice. By way of my signature, I provide Lakota Wellness with my authorization and consent to use and disclose my protected chiropractic/medical care information for the purposes of treatment, payment and health care operations as described in the HIPAA Privacy Policy.

**Signature:** \_\_\_\_\_ **Date:** \_\_\_\_\_

### **Office Policy**

There will be a **\$50** fee for same day or short notice cancellations and missed appointments. There is no charge for cancellations that are made at least **24** business hours before the day of the scheduled appointment. **These fees are not covered by insurance carriers; I agree to be responsible for payment in full.** Payment in full is required before any future appointments can be scheduled. Patients with a chronic history of failed or broken appointments will have to call the day of to see if times are available since our office will no longer be able to reserve a appointment in advance for you. Our normal business hours are Monday thru Thursday 9:00am – 6:00pm, Friday 9:00am – 4:00p and Saturday 9:00am – 3:00pm. Our office is closed Sunday.

**Signature:** \_\_\_\_\_ **Date:** \_\_\_\_\_



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### **Insurance**

In order to meet the needs of our patients, we have enrolled in various insurance programs. As you can imagine keeping up with all the individual requirements for each of the insurance companies can be practically impossible. Each program may have different requirements or stipulations that dictate which services can be provide and how often they can be provided. These rules can vary even in the same company with various programs being offered. At Lakota Wellness providing the highest quality in chiropractic/medical care to our patients in an atmosphere of genuine caring is our primary concern. It is possible that your insurance provider may **NOT** cover every service we provide in our office and in these cases, we will have no choice but to bill you for the services provided. It is not our sole responsibility to know every detail of your insurance company, so if we work together, both doing our parts and familiarizing ourselves with your specific policy, we can focus on what we do best – take care of you.

I understand that my insurance company may disallow and not pay fees related to certain procedures and services that I may receive at this office. If these are disallowed, I understand that I am responsible for payment. I understand that I am also responsible for any balance this is not paid by my insurance company after 30 days.

**Signature:** \_\_\_\_\_

**Date:** \_\_\_\_\_

### **Assignment of Benefits**

I hereby instruct and direct my insurance company to pay by check make out and mailed directly to this office for medical expense benefits allowable, and otherwise payable to me under my current insurance policy as payment toward the total charges or professional services rendered by this office. If in the event my current policy prohibits direct payment to doctor, then I hereby also authorize and direct you to pay directly to:

**Lakota Wellness 2910 Maguire Rd. Suite 1009 Ocoee FL 34761**

A photocopy of this assignment shall be considered as effective and valid as the original.

**Signature:** \_\_\_\_\_

**Date:** \_\_\_\_\_

**This is a direct assignment of my rights and benefits under this policy.** This payment will not exceed my indebtedness to the above-mentioned assignee, and I have agreed to pay in a current manner and balance of said professional service charges over and above this insurance payment.



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**Release of Information**

I authorize this office to release any information pertinent to my case to any insurance company, adjuster, and attorney involved in this case and hereby release this office of any consequence thereof. I understand that if the Lakota Wellness accepts me as a patient that I am authorizing them to proceed with any treatment that may be necessary. Furthermore, any risks regarding chiropractic/medical treatment will be explained to me upon my request.

**Signature:** \_\_\_\_\_ **Date:** \_\_\_\_\_

**Financial Responsibility**

I agree to be financially responsible for all charges incurred at this office including my insurance deductibles, copayments and any services or balance **NOT** covered by my insurance company. I also acknowledge, understand and agree that any purchase of supplements at Lakota Wellness is non-refundable and cannot be returned.

**Signature:** \_\_\_\_\_ **Date:** \_\_\_\_\_

**Waiver of X-rays**

I understand that should I require X-rays per Dr. Saltalamachia recommendation I shall be referred to a free-standing facility where X-ray can be performed. I understand that X-rays are not performed at Lakota Wellness and agree to treat my present problem (illness) to the best ability by Dr. Saltalamachia without the complete analysis of an X-ray.

Should any untoward effects develop or any further illness or injury develop directly or indirectly as a result of such treatment, I shall assume full responsibility and in consideration of Dr. Saltalamachia treating me at my request without the benefit of a complete X-ray study and analysis, I do hereby release Dr. Saltalamachia from all causes of action, damages and liabilities arising by reason of said treatment, whether now or here after occurring, and whether now known or unknown between the parties hereto.

**Signature:** \_\_\_\_\_ **Executed this Date:** \_\_\_\_\_

**Witness:** \_\_\_\_\_



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**Records Release Authorization**

Should you have records that we may need to request, please fill out this form and sign

Clinic Name: \_\_\_\_\_  
Clinic Address: \_\_\_\_\_  
Clinic Phone#: \_\_\_\_\_  
Clinic Fax#: \_\_\_\_\_

**Patient Name:** \_\_\_\_\_  
**Date of Birth:** \_\_\_\_\_  
**Date of Service:** \_\_\_\_\_

I Name: \_\_\_\_\_ hereby authorize the release of a copy of my complete medical records, X-rays, MRIs, CT Scans, Test Results Doctor Notes, Prescription History, and/or ER Records to **Lakota Wellness**.

This authorization is given pursuant to Florida Statute 456.057 and HIPAA Regulations. I hereby understand that any third party to whom records are disclosed is prohibited from further disclosing any information in the medical record without the expressed written consent of the patient or the patient’s legal representative.

**Signature:** \_\_\_\_\_

**Date:** \_\_\_\_\_